



Branch 445 Bulletin Royal Canadian Legion

**345 Lansdowne St.
Callander ON P0H1H0
Office: 705-752-3773
Lounge: 705-752-1322
www.callanderlegion.ca**



November 2015

Branch 445 Executive - 2015/2016

BRANCH EXECUTIVE		
President	Glenn Bennett	705-752-5923
Past President	Don MacDonald	705-497-3103
First Vice	Caven Ford	705-752-2951
Second Vice	Brian Villeneuve	705-752-1813
Third Vice	Nancy Clark	705-752-5689
Treasurer	Kathy Landon	705-752-5365
Secretary	Helen Turgeon	705-752-2624
ELECTED & APPOINTED EXECUTIVE COMMITTEE		
Membership	Emma Bennett	705-752-5923
Sgt. at Arms and TOD	Steve Larocque	705-776-1625
Poppy Chair	Nancy Clark	705-752-5689
Public Relations Officer	Leslie Cerisano	705-752-0739
Bar	Jim Landon	705-752-5365
House and Property	John Pearce	705-752-2297
Banquets	Helene Lariviere	705-472-4688
L.A. Liaison Officer	Don Bickerton	705-752-2204
Bylaws, Honors and Awards	Don MacDonald	705-497-3103
Seniors	Jack Else	705-752-2351
Pipe Major	Lloyd Stamp	705-752-3663
Nevada / Lottery	Bill Bowman	705-478-9718
Sick and Visiting	Tony Gagliardi	705-752-2867
Chaplain		
Sports	Alan Clark	705-752-5689
Service Officer	Ron Van Tassell	705-497-1102
Audit / Finance Committee	Karen Duquette	705-497-3135
Bulletin / Website	Caven Ford	705-752-2951
Youth and Education	Bill Bowman	705-478-9718
1st. Callander Scouting Rep	Caven Ford	705-752-2951
LADIES AUXILIARY EXECUTIVE		
President	Marion Smith	705-471-6819
Past President	Helene Lariviere	705-472-4688
First Vice	Irene Lewis	705-491-2216
Second Vice	Lynn Merrick	705-492-8719
Recording Secretary	Diane Bellaire	705-752-5126
Treasurer	Helene Lariviere	705-472-4688
Sgt. at Arms	Marg Prudhomme	705-477-8144
Sports Officer	TBA	

PRESIDENT'S REPORT

Thank you for all your support through the year. I hope you all enjoyed your Thanksgiving with your families.

Now is the time the veterans need our help, they need us to do our job, the one we all pledged to do, and support them with active participation in the Poppy Campaign. The board is up in the main hall with routes posted on it. Your time is only needed for a couple of hours, either to do Tag day on October 31st or door to door on November 1st. Then on November 11th, please join us at the Branch for Remembrance Day Service and our march to the Cenotaph to lay the wreaths in remembrance of those that made the supreme Sacrifice.

Yours in Comradeship,
Glenn Bennett, Branch President

LADIES AUXILIARY REPORT

November is a time to reflect and remember. On November 11th we will take the time to honour the fallen, celebrate the living and to never forget the sacrifices made. It is the most important occasion in the calendar of Legion events. The service and march to the cenotaph brings the citizens of Callander and members of the Royal Canadian Legion and Ladies' Auxiliary together for a common purpose. Every year the message is the same, to remember the human sacrifice made in order to secure our freedom. It is this freedom that defines us as Canadians and it this freedom that urges us to proudly announce,

" We will remember them "

Yours in solemn remembrance,
Comrade Marion Smith, Ladies Auxiliary President



BANQUET REPORT

We would like to extend to all Branch members and Ladies Auxiliary members and their families, our sincere good wishes for a Merry Christmas and a happy, healthy and prosperous New Year and to our fellow members who have lost loved ones and to those who suffer ill health, may God bless you and keep the spirit of Christmas with you always. As 2015 comes to an end, please accept our gratitude for the dedication of all Branch and Ladies Auxiliary volunteers who have donated so much of themselves for the betterment of the Branch. Thank You!

Upcoming events to keep in mind for the months of November and December:

Nov 2 - Flu Clinic (1pm to 3pm)	Dec 5 - Small Business Christmas Party
Nov 7 - Interbranch Darts	Dec 6 - Children's Christmas Party
Nov 7 - Birthday Party	Dec 12 - Private Christmas Parties
Nov 8 - Baby Shower	Dec 13 - NDL Semi Annuals
Nov 13 - Horticultural Society Meeting	Dec 19 - L.A. Christmas Party
Nov 17 - Over 50 Euchre Tournament	Dec 20 - NDL Turkey Shoot
Nov 21 - L.A. District Darts	
Nov 28 - Nipissing Manor Christmas Party	

Yours in Comradeship,
Helene Lariviere and Brian Villeneuve, Banquet Coordinators

NEVADA SALES

Your Branch is looking for Comrades to volunteer to sell Nevada Tickets at various functions in the near future. If you are interested in helping out, please contact me at 705-478-9718 or call the branch at 705-752-3773.

Our next order of Nevada tickets will be ones specially produced for Legions. Watch for them in the near future!

Yours in Comradeship
Bill Bowman, Nevada / Lottery Chair

✂

If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the lounge.

Last Name: _____ First Name: _____

Street Address: _____

City: _____ Postal Code: _____

Phone Number: _____ Email: _____

BRANCH 445 WEBSITE

Comrades,

As always, if you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to "email the webmaster" on the main page of the site at the bottom and let me know. Also, if you are interested in receiving your Bulletin by email, please click the [link](#) on the site to let us know. The Website is being updated often so check back periodically and see what's new.
www.callanderlegion.ca

Yours in Comradeship,
Caven Ford, Webmaster

SICK AND VISITING

Comrades,

There isn't much to report. Comrade Helen Turgeon is in palliative care at the NBRH and is not doing well. We have a few members that are at home and are doing well. Sam Scarfone and Ron Chapell are coming along nicely. There are some in Nursing Homes; Len Guppy is at Eastholme in Powassan, Rolly Corriveau is in Nipissing Manor, Micky Gardner is in Castle Home. I made my visits to Nipissing Manor to see the Veterans.

Yours in Comradeship,
Tony Gagliardi, Sick and Visiting Chair



L'Ami's Garden Centre

1377 Lakeshore Drive
North Bay, Ontario
P1B-8Z4
705-472-6370
Fax 705-472-1520
jlami@cogeco.ca

First Callander Scouting would like to thank L'Ami's Garden Centre for their generous assistance supplying the Apples for our Apple Day earlier this month.

Phone: 705-752-1322

Branch Bar Hours

Monday thru Thursday: 1 pm - 9 pm
Friday: noon - 11 pm
Saturday: noon - 9 pm
Sunday: 1 pm - 6 pm

Don't forget that our deck is also licensed!

**In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.**

**We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.**

**Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.**



POPPY COMMITTEE

Remembrance Day is fast approaching and we, as members of the Royal Canadian Legion, need to step up to the plate! Our Veterans need our help more than ever and our annual poppy campaign is the only way to raise funds for those Veterans who gave us and continue to give us TODAY.

So please give a generous donation to our poppy fund. This year we are having a memory wreath laid at the cenotaph. With a minimum donation of five dollars you can place a memory card on our wreath.

We also need help with Tag Day and our Door to Door campaign , please come in and sign up. We need everyone's help to make this a successful campaign.

Yours in Comradeship,
Nancy Clark and Brian Villeneuve, Poppy Co-Chairs

BURSARY CHAIR

For more information on Bursaries available please contact Helene Lariviere at 705-472-4688 or by email at lariviere_helenemarie@hotmail.com

Yours in Comradeship,
Helene Lariviere, Bursary Chairman

Holiday Cheer

You and your guests are cordially invited to attend the

ANNUAL SMALL BUSINESS CHRISTMAS PARTY

Being held at the Royal Canadian Legion 345 Lansdowne St. Callander, ON
Saturday, December 5, 2015

Cocktails 5:00p.m. Dinner 6:00p.m.

Music by "Blue Collar" to follow.

You and your guests will
enjoy a festive Christmas Buffet

Roast Chicken
Prime Rib au Jus
Roasted Potatoes
Honey Glazed Carrots
Green Beans Alamandine
Various Salads
Pickle Trays
Mixed Dinner Rolls
Assorted Desserts
Tea & Coffee

Late Lunch served at 10:30pm

Cost is \$40.00 per person
(plus applicable taxes)

Transportation home is available upon re-
quest.

Book early as seating is limited!

Please book by Nov.30 2015

You do not have to be a
business to attend. Small
Groups are welcome



Please call Kathy
at 705 752-3773
or Caven at 705 752-2951 for
reservations!

November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 O/50 Euchre 1pm Flu Clinic-Main Hall 1-3pm L.A. Meeting 7:30pm N.D.L.	3 Pool 1:30pm Fiddlers 7pm Cribbage 7pm	4 O/50 Darts O/50 500 1pm N.B. Super Dart League 7:30pm	5 Legion General Meeting 7pm	6 Yoga 9:30am Shuffleboard 1pm Roast Chicken Ramblin Fever Friday Night Fun Darts	7 Inter Branch Darts Seniors Room booked
8 Baby Shower - Seniors Room	9 Exercise Class 10am O/50 Euchre 1pm N.D.L.	10 O/50 Exec. Meeting 10am Pool 1:30pm Cribbage 7pm	11 Remembrance Day 	12 O/50 Pot Luck	13 Yoga 9:30am Shuffleboard 1pm Pork Schnitzel Back in Tyme Horticultural Society-Seniors Room Friday Night Fun Darts	14
15 Bridal Shower - Seniors Room	16 Exercise Class 10am O/50 Euchre 1pm N.D.L.	17 O/50 Euchre Tour- nament Pool 1:30pm Cribbage 7pm	18 O/50 Darts O/50 500 1pm VON Foot Clinic - Seniors Room N.B. Super Dart League 7:30pm	19 Legion Executive Meeting 7pm	20 Yoga 9:30am Shuffleboard 1pm Roast Beef The Legends Friday Night Fun Darts	21 Ladies Auxiliary District Singles/ Doubles Darts- Main Hall
22	23 Exercise Class 10am O/50 Euchre 1pm N.D.L.	24 Pool 1:30pm Cribbage 7pm	25 O/50 Darts O/50 500 1pm N.B. Super Dart League 7:30pm	26	27 Yoga 9:30am Shuffleboard 1pm Spaghetti Back in Tyme Friday Night Fun Darts	28 Nipissing Manor Christmas Party Seniors Room booked-Birthday Party
29	30 Exercise Class 10am O/50 Euchre 1pm N.D.L.					

December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Pool 1:30pm Fiddlers 7pm Cribbage 7pm	2 Stretching With Tai Chi 10-11am O/50 Darts O/50 500 1pm N.B. Super Dart League 7:30pm	3 Legion General Meeting 7pm	4 Yoga 9:30am Shuffleboard 1pm Roast Chicken Back in Tyme Friday Night Fun Darts	5 Community/ Business Christmas Party
6 Ladies Auxiliary Children's Christmas Party	7 Exercise Class 10am O/50 Euchre 1pm L.A. Meeting 7:30pm N.D.L.	8 O/50 Executive Meeting Pool 1:30pm Cribbage 7pm	9 Stretching With Tai Chi 10-11am O/50 Darts O/50 500 1pm N.B. Super Dart League 7:30pm	10 O/50 Pot Luck	11 Yoga 9:30am Shuffleboard 1pm Pork Schnitzel Ramblin Fever Pool Room Booked Scouting Pizza Del Friday Night Fun Darts	12 Private Christmas Party-Main Hall Private Christmas Party-Seniors Room
13 N.D.L Semi Annuals	14 Exercise Class 10am O/50 Euchre 1pm N.D.L.	15 Pool 1:30pm Cribbage 7pm	16 Stretching With Tai Chi 10-11 O/50 Darts O/50 500 1pm VON Foot Clinic-Seniors Room N.B. Super Dart League 7:30pm	17 Legion Executive Meeting 7pm	18 Yoga 9:30am Shuffleboard 1pm Roast Beef Back in Tyme Friday Night Fun Darts	19 Ladies Auxiliary Christmas Party - Main Hall
20 N.D.L Turkey Shoot	21 Exercise Class 10am O/50 Euchre 1pm N.D.L.	22 Pool 1:30pm Cribbage 7pm	23 Stretching With Tai Chi 10-11am O/50 Darts O/50 500 1pm N.B. Super Dart League 7:30pm	24	25 Branch Closed	26 Branch Closed
27	28 Exercise Class 10am O/50 Euchre 1pm N.D.L.	29 Pool 1:30pm Cribbage 7pm	30 Stretching With Tai Chi 10-11am O/50 Darts O/50 500 1pm N.B. Super Dart League 7:30pm	31 New Years Eve Party-Main Hall	1 New Year's Levee	

LESLIE'S HEALTHY EATING CORNER

Breakfast - BREAKFAST BURRITO - Serves 1

1/2 cup zucchini chopped
1/2 cup mushrooms, sliced
2 medium eggs
1/2 cup 1% cottage cheese
1/4 tsp basil, black pepper, and what ever spice you wish to put in
1 6" tortilla

*** Heat zucchini and mushrooms in a non-stick pan until tender.
*** Break eggs into pan and scramble on medium high heat until almost set.
*** Add cottage cheese and all spices. Cook until well set
*** Place on tortilla and roll

Lunch - ITALIAN TUNA SANDWICH - Serves 1

2 TBSP fat-free Italian dressing
1 oz. mozzarella cheese, grated
1/4 cup plum tomatoes, chopped
4 oz. tuna
1/4 cup lettuce, shredded
1 regular pita, halved

*** Combine dressing, cheese and tomatoes
*** Add tuna to mixture, Place lettuce and tuna into pita halves.

Supper - CHICKEN A LA MARENGO - Serves 4

4 skinless, boneless chicken breasts
2 cups mushrooms sliced
1 cup onion, chopped
2 garlic cloves, minced
1 tbsp. fresh parsley, chopped
1/2 tsp dried thyme
1/4 tsp dried rosemary
2 cups plum tomatoes with juice
1/4 cup dry white wine
1 bay leaf

*** Lightly spray an unheated large pan with non-stick cooking spray
*** Add chicken and brown lightly on all sides over medium-high heat. Remove chicken from pan
*** Add mushrooms, onion and garlic to the pan
*** Cook and stir over medium heat until onion is tender. Return chicken to pan
*** Sprinkle with parsley, thyme, and rosemary. Add tomatoes, white wine and bay leaf.
*** Bring to a boil, then reduce heat. Partially cover and gently simmer about 25 minutes
*** Remove bay leaf before serving

Yours in Comradeship,
Leslie Cerisano - PRO

REMEMBRANCE DAY 2015

As has been the custom at Branch 445 for many years, there will be a lunch served in the main hall after the ceremonies.

You may not be aware that the Branch covers the cost of the food out of the General Funds, the Poppy Fund is never used for this. You can well imagine it is no small effort nor is it inexpensive to provide the large amount of food we do for 250+ people. To this end, the Branch would like to ask for your assistance in providing any dessert items you may be able to donate.

If you are able to assist with dessert items, please call the Branch (705-752-3773) and let us know so we can make arrangements with you to receive them.

Yours in Comradeship,
Branch 445 Remembrance Day Committee

SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

Ron Van Tassell
705-497-1102.

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship,
Ron Van Tassell

HOUSE AND PROPERTY

If there are any handy men and ladies interested in helping out at your Legion, please call John Pearce at 705-752-2297 to assist in keeping the branch in good shape. We are still doing some renovations in the Kitchen to comply with Health Authority requirements.

Yours in Comradeship,
John Pearce. House and Property

Help Needed

We are still looking for a student or perhaps someone with some extra time to assist in the office with filing and other office functions as required. This is a great opportunity for a high school student to gain some community service hours!

If you know someone that might be interested in helping out, please let them know we need them. If you are interested in helping out yourself, please call the office at 705-752-3773 and let us know of your interest.

Royal Canadian Legion

Branch 445, Callander

**2015 Poppy Campaign
October 30 to November 11**

TAG DAY

Saturday, October 31, 2015

DOOR TO DOOR

Sunday, November 1, 2015

REMEMBRANCE DAY SERVICE

Wednesday November 11, 2015 - 9:30 am

at the Legion Hall

Wreath Laying at the Cenotaph

following the Service

Everyone Welcome

Lest We Forget





Joint Children's Christmas Party
December 6, 2015
1:00pm to 3:00pm

Santa will arrive at 2:00pm

**Open to Legion Members and Ladies Auxiliary Member's
children, grand children and great grand children aged 10 years
or under only.**

Sign Up Sheet on L.A. Bulletin Board

LADIES AUXILIARY ANNUAL MEAT PIE CAMPAIGN

SIGN UP SHEET ON THE BULLETIN BOARD



LARGE (9") - \$9.00
SMALL (4-3/8") - \$4.50

**YOUR SUPPORT OF THIS WORTHY CAUSE
WOULD BE APPRECIATED**



Wentworth Graham C.G.A.
President/Administrator

Telephone 705-752-1100
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E mail: nipissingmanor@bellnet.ca

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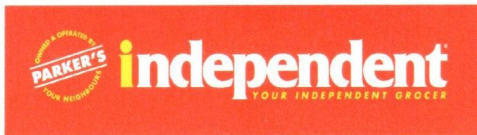
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